

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Happy Canada Day! <i>11:00 Communion with Marc Doiron?</i> <small>Canada Day</small>	2 10:00 Bowling 2:00 BINGO	3 10:00 Stretches 2:00 Discover Carleton County Military Museum with Aaron Bouma	4 1:00 Movie on the Big Screen <small>Independence Day (U.S.)</small>
5 3:30 Church service with Trevor Savage	6 10:00 Exercises 10:30 Coloring/knitting 1:00 Bus Ride	7 9:30 Devotions 10:00 Activity Club 10:45 Hand Dexterity 2:00 BINGO Visit with Luna the therapy Dog	8 9:30 Devotions 10:00 Exercises 11:00 Pastoral visit with Steve Urquhart 2:00 Dragon Mire Farm 3:00 Person Centered Care meeting	9 9:30 Devotions 10:00 Reading time with Jane 2:00 Bowling	10 9:30 Devotions 10:00 Stretches 10:30 Word Games 2:00 Music with Layney Ross	11 1:00 Movie on the Big Screen
12 3:30 Church service with Jeff Jones	13 9:30 Devotions 10:00 Exercises 10:30 Coloring/knitting 1:00 Bus Ride	14 9:30 Devotions 10:00 Activity Club 10:45 Resident Council 2:00 Music with Carl O'Donnell & friends <small>Bastille Day</small>	15 9:30 Devotions 10:00 Exercises 11:00 Pastoral visit with Michael Goodfellow 2:00 BINGO	16 9:30 Devotions 10:00 Reading time with Jane 2:00 July Birthday Party	17 9:30 Devotions 10:00 Stretches 10:30 Bowling 2:00 Christmas in July Music with Ashley	18 2:00 Music with Maggie White
19 3:30 Church service with Steve Urquhart	20 9:30 Devotions 10:00 Exercises 10:30 Coloring/knitting 1:00 Bus Ride	21 9:30 Devotions 10:00 Activity Club 2:00 Music with Dana Andrews	22 9:30 Devotions 10:00 Exercises 11:00 Pastoral visit with Steve Urquhart 2:00 BINGO Visit with Luna the therapy dog	23 9:30 Devotions 10:00 Reading time with Jane 2:00 Music with MAría Shepherdson	24 9:30 Devotions 10:00 Stretches 10:30 Bowling 2:00 Music with Shelley & Norm	25 1:00 Movie on the Big Screen
26 3:30 Church service with Mount Pleasant Baptist	27 9:30 Devotions 10:00 Exercises 10:30 Coloring/knitting 1:00 Bus Ride	28 9:30 Devotions 10:00 Activity Club 2:00 Music with Mildred Nicholson & Friends	29 9:30 Devotions 10:00 Exercises 11:00 Pastoral visit with Michael Goodfellow 2:00 BINGO	30 9:30 Devotions 10:00 Reading time with Jane 2:00 Music with Iris Lloyd	31 10:00 Stretches 10:30 Games 2:00 Bowling	

Activities are Subject to Change 😊