



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day <small>Labor Day</small>	2 9:30 Devotions 10:00 Activity Club 2:00 Music with Sue Ellen	3 9:30 Devotions 10:00 Exercises 11:00 Pastoral Presence with Steve Urquhart 2:00 BINGO & visit with Luna the therapy dog	4 9:30 Devotions 10:00 Music with the Weavers 1:00 Snack Shack with Nancy 2:00 Bowling	5 9:30 Devotions 10:00 Stretches 10:30 Bean Bag Toss 2:00 Virtual Music with Don Oliver	6 1:00 Movie in the Sunroom
7 3:30 Church Service with Michael Goodfellow <small>Grandparents Day</small>	8 9:30 Devotions 10:00 Exercises 10:30 Coloring 1:00 Bus Ride	9 9:30 Devotions 10:00 Activity Club 10:45 Resident Council 2:00 Music with Shelley & Norm	10 9:30 Devotions 10:00 Exercises 11:00 Pastoral Presence with Marc Doiron 2:00 Bowling	11 9:30 Devotions 10:00 Baking with Julia 1:00 Snack Shack with Nancy 2:00 BINGO	12 9:30 Devotions 10:00 Stretches 10:30 Music with Louise Beers 2:00 Update from Town Hall with Wayne	13 1:00 Movie in the Sunroom
14 3:30 Church Service with NBBI students	15 9:30 Devotions 10:00 Exercises 10:30 Coloring 1:00 Bus Ride	16 9:30 Devotions 10:00 Activity Club 2:00 Music with Barb Prosser	17 9:30 Devotions 10:00 Exercises 11:00 Pastoral Presence with Dan Jamer 2:00 Bowling	18 9:30 Devotions 10:00 Visit with Julia 1:00 Snack Shack with Nancy 2:00 Discover Island Park with Tammey McLean	19 9:30 Devotions 10:00 Stretches 10:30 Brain Teasers 2:00 Music with Larry Lewis	20 2:00 Music with Maggie White <small>Oktoberfest Begins</small>
21 3:30 Church Service with Jeff Jones	22 2:00 BINGO <small>Rosh Hashanah Begins Autumn Begins</small>	23 10:00 Activity Club 2:00 Music with Mildred Nicholson & Friends	24 11:00 Pastoral Presence with Steve Urquhart	25 1:00 Snack Shack with Nancy 2:00 Bowling	26 2:00 Hymn Sing with Murray Whitehouse	27 1:00 Movie in the Sunroom
28 3:30 Church Service with Michael Goodfellow	29 2:00 BINGO	30 10:00 Activity Club 2:00 Music with Ashley Gouthro	 <div> <h1>September 2025</h1> <h2>Central Carleton Nursing Home</h2> </div>			

Activities are subject to change 😊