

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2025</h1> <h2>Central Carleton Nursing Home</h2>			<b>1</b> Happy New Year  <small>New Year's Day</small>	<b>2</b> 9:30 Morning News 10:00 Painting in sunroom 1:00 Snack shack with Nancy 2:00 Bingo	<b>3</b> 9:30 Morning New 10:00 Residents choice 1:00 One on Ones 2:00 Movie in the sunroom	<b>4</b>
<b>5</b> Church service 3:30	<b>6</b> 9:30 Morning News 10:00 Sit & get fit 10:30 Hair day 2:00 Crokinole	<b>7</b> 9:30 Morning News 10:00 Activity Club 10:30 Word scramble 2:00 Penny Ante	<b>8</b> 9:30 Morning News 10:00 Sit & get fit 11:00 Pastoral visit 2:00 Bowling	<b>9</b> 9:30 Morning News 10:00 Sit & get fit 10:30 Grocery game 1:00 Snack shack with Nancy 2:00 Bingo	<b>10</b> 9:30 Morning New 10:00 Residents choice 1:00 One on Ones 2:00 Movie in the sunroom	<b>11</b>
<b>12</b> Church service 3:30	<b>13</b> 9:30 Morning News 10:00 Sit & get fit 10:30 Spa day 2:00 Board games	<b>14</b> 9:30 Morning News 10:00 Activity Club 10:30 Shake loose a memory 2:00 Movie in sunroom	<b>15</b> 9:30 Morning News 10:00 Sit & get fit 11:00 Pastoral visit 2:00 Bowling	<b>16</b> 9:30 Morning News 10:00 Painting in sunroom 1:00 Snack shack with Nancy 2:00 Bingo	<b>17</b> 9:30 Morning New 10:00 Residents choice 1:00 One on Ones 2:00 Movie in the sunroom	<b>18</b> Live music with Maggie White
<b>19</b> Church service 3:30  <small>Activity Professionals Week</small>	<b>20</b> 9:30 Morning News 10:00 Sit & get fit 10:30 Hair day 2:00 Trap the ball  <small>Martin Luther King Jr. Day</small>	<b>21</b> 9:30 Morning News 10:00 Activity Club 10:30 Air hockey 2:00 Mix and Match	<b>22</b> 9:30 Morning News 10:00 Sit & get fit 11:00 Pastoral visit 2:00 Bowling	<b>23</b> 9:30 Morning News 10:00 Wheel of fortune 1:00 Snack shack with Nancy 2:00 Bingo	<b>24</b> 9:30 Morning New 10:00 Residents choice 1:00 One on Ones 2:00 Movie in the sunroom	<b>25</b>
<b>26</b> Church service 3:30  <small>Australia Day (Observed)</small>	<b>27</b> 9:30 Morning News 10:00 Sit & get fit 10:30 Spa day 2:00 Taste test game	<b>28</b> 9:30 Morning News 10:00 Activity Club 10:30 Resident Council 2:00 January Birthday parties	<b>29</b> 9:30 Morning News 10:00 Sit & get fit 11:00 Pastoral visit 2:00 Bowling  <small>Chinese New Year (Year of the Snake)</small>	<b>30</b> 9:30 Morning News 10:00 Paint by numbers 1:00 Snack shack with Nancy 2:00 Bingo	<b>31</b> 9:30 Morning New 10:00 Residents choice 1:00 One on Ones 2:00 Movie in sunroom	