

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sunday Service 3:30	2 <small>Labor Day</small>	3 9:30 Morning News 10:00 Activity Club 10:00 Shake loose a memory 1:00 Bus Ride	4 9:30 Morning News 10:00 Sit & get fit 11:00 Pastoral visit 2:00 Bowling	5 9:30 Morning News 10:00 Balloon Volleyball 1:00 Snack shack with Nancy 2:00 Bingo	6 9:30 Morning News 10:00 Residents choice 1:00 In room visits 2:00 Movie in Sunroom	7
8 Sunday Service 3:30  <small>Grandparents Day</small>	9 9:30 Morning News 10:00 Sit& get fit 10:30 Spa Day 1:00 Bus Ride	10 9:30 Morning News 10:00 Activity Club 10:30 Family feud 2:00 Word scramble	11 9:30 Morning News 10:00 Sit & get fit 11:00 Pastoral visit 2:00 Bowling	12 9:30 Morning News 10:00 Fall craft 1:00 Snack shack with Nancy 2:00 Bingo	13 9:30 Morning News 10:00 Residents choice 1:00 In room visits 2:00 Movie in Sunroom	14
15 Church Service 3:30 Live music 7:15	16 9:30 Morning News 10:00 Sit& get fit 10:30 Spa Day 1:00 Bus Ride	17 9:30 Morning News 10:00 Activity Club 10:30 Trap the ball 2:00 Target practice	18 9:30 Morning News 10:00 Sit & get fit 11:00 Pastoral visit 2:00 Bowling	19 9:30 Morning News 10:00 Card games 1:00 Snack shack with Nancy 2:00 Bingo	20 9:30 Morning News 10:00 Residents choice 1:00 Apple picking at Dukeshires	21 Live music with Maggie White 2:00  <small>Oktoberfest Begins</small>
22 Live music with Melissa White  Sunday Service 3:30  <small>Autumn Begins</small>	23 9:30 Morning News 10:00 Sit& get fit 10:30 Spa Day 2:00 Monday man cave	24 9:30 Morning News 10:00 Activity Club 10:00 Board games 2:00 Target shoot  *Wear Camo*	25 9:30 Morning News 10:00 Sit & get fit 11:00 Pastoral visit 2:00 Bowling	26 9:30 Morning News 10:00 Apple bobbing 1:00 Snack shack with Nancy 2:00 Bingo	27 9:30 Morning News 10:00 Residents choice 1:00 In room visits 2:00 Movie in Sunroom	28
29 Sunday Service 3:30	30	 <h1>September 2024</h1> <p>Central Carleton Nursing Home</p>				

Activities are subject to change.