

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">JUNE 2024</h1> <h2 style="margin: 0;">Central Carleton Nursing Home</h2>						
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Church service with Rev. David Wilcox	9:30 Morning News 10:00 Sit & get fit 10:30 Spa Day 2:00 Bowling	9:30 Morning News 10:00 Activity Club 10:30 Grocery game 2:00 Bean bag toss (outside)	9:30 Morning News 10:00 Exercises with Darcey 11:00 Pastoral visit with Rev David Wilcox 1:00 Bus Ride	9:30 Morning News 10:00 Golfing 1:00 Snack shack with Nancy 2:00 Bingo	9:30 Morning News 10:00 Residents Choice 1:00 In room visits 2:00 Movie in sunroom	
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Church service with Rev. Marc Doiron	9:30 Morning News 10:00 Sit & get fit 10:30 Hair Day 1:00 Bus Ride	9:30 Morning News 10:00 Activity Club 10:30 Shuffle board 2:00 Fishing game <small>Shavuot Begins</small>	9:30 Morning News 10:00 Exercises with Darcey 11:00 Pastoral visit with Rev Marc Doiron 2:00 Bowling	9:30 Morning News 10:00 Penny Ante 1:00 Snack shack with Nancy 2:00 Bingo	9:30 Morning News 10:00 Movie in sunroom 1:00 Fathers Day fishing trip <small>Flag Day (US)</small>	
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Church service with Pastor Jeremy Simpson <small>Father's Day</small>	9:30 Morning News 10:00 Sit & get fit 10:30 Spa Day 1:00 Bus Ride	9:30 Morning News 10:00 Activity Club 10:30 Board games 1:30 Music with Ed Seely	9:30 Morning News 10:00 Exercises with Darcey 11:00 Pastoral visit with Rev Michael Goodfellow 2:00 Bowling <small>June 19th</small>	9:30 Morning News 10:00 Games with Julia 1:00 Snack shack with Nancy 2:00 Bingo <small>Summer Begins</small>	9:30 Morning News 10:00 Residents choice 1:00 In room visits 2:00 Bowling	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Church service with Pastor M Thompson	9:30 Morning News 10:00 Sit & get fit 10:30 Spa Day 2:00 Movie in Sunroom	9:30 Morning News 10:00 Activity Club 10:30 Grocery Game 2:00 Live Music	9:30 Morning News 10:00 Exercises with Darcey 11:00 Pastoral visit with Rev Marc Doiron 2:00 Bus Ride	9:30 Morning News 10:00 Games with Harlie 1:00 Snack shack with Nancy 2:00 Music with The Weavers	9:30 Morning News 10:00 Tea & Donuts 1:00 In room visits 2:00 Movie in sunroom	
<b>30</b>						
Church service with Rev W Heikkinen						

Activities are subject to change.