



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			9:30 Morning News 10:00 Sit and get fit 11:00 Pastoral visit with Rev. Michael Goodfellow 2:00 Bowling	9:30 Morning News 10:00 Painting in the sunroom 1:00 Games with Julia 2:00 Bingo <small>Groundhog Day</small>	9:30 Morning News 10:00 Board Games 1:00 In room visits 2:00 Movie in the sunroom	4	
3:30 Sunday service with Hartland United Church Rev. M Goodfellow	9:30 Morning News 10:00 Sit and get fit 10:30 Hair day 2:00 Bingo	9:30 Morning News 10:00 Activity Club 10:30 Valentine's Day craft 2:00 Music with The Weavers	9:30 Morning News 10:00 Sit and get fit 11:00 Pastoral visit with Rev. David Wilcox 2:00 Bowling	9:30 Morning News 10:00 Spa day 1:00 Games with Julia 2:00 Bingo	9:30 Morning News 10:00 Baking in sunroom 1:00 In room visits 2:00 Movie in the sunroom	11	
3:30 Sunday service with Hartland Baptist Church Rev. Dan Austin	9:30 Morning News 10:00 Sit and get fit 10:30 Hair day 2:00 Bowling	9:30 Morning News 10:00 Activity Club 10:30 Family Feud 2:00 Valentine's Day tea <small>Valentine's Day</small>	9:30 Morning News 10:00 Sit and get fit 11:00 Pastoral visit with Rev. Dan Austin 2:00 Bowling	9:30 Morning News 10:00 Painting in the sunroom 1:00 Games with Julia 2:00 Bingo	9:30 Morning News 10:00 Target shoot 1:00 In room visits 2:00 Movie in the sunroom	18	
3:30 Sunday service with New Brunswick Bible Institute	<b>Family Day</b>  <small>Presidents' Day (US)</small>		9:30 Morning News 10:00 Activity Club 10:30 Residents council 2:00 Music with Ed Sealy <small>Mardi Gras</small>	9:30 Morning News 10:00 Sit and get fit 11:00 Pastoral visit with Pastor Jeremy Simpson 2:00 Bowling <small>Ash Wednesday</small>	9:30 Morning News 10:00 Penny Ante 1:00 Games with Julia 2:00 Bingo	9:30 Morning News 10:00 Bingo 1:00 In room visits 2:00 Movie in the sunroom	25
3:30 Sunday service with Hartland Wesleyan Church Rev. David Wilcox	9:30 Morning News 10:00 Sit and get fit 10:30 Hair day 2:00 Bingo	9:30 Morning News 10:00 Activity Club 10:30 Interactive ball 2:00 Virtual Music	 <h1 style="color: red; margin: 0;">FEBRUARY 2023</h1> <h2 style="margin: 0;">Central Carleton Nursing Home</h2>				28

Activities are subject to change.