


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">January 2022</h1> <h2 style="font-weight: bold;">Central Carleton Nursing Home</h2>						Happy New Year <small>New Year's Day</small>
2 3:30 Sunday service with Rev. Michael Goodfellow	3 9:30 Morning News 10:00 Sit and get fit 10:30 Grocery Game 2:00 Monday Man Cave	4 9:30 Morning news 10:00 Activity Club 10:30 Trivia 2:00 Penny Ante	5 9:30 Morning news 10:00 Sit and get fit 11:00 Pastoral visit with Pastor Peter Cilberson 2:00 Bowling	6 9:30 Morning news 10:00 Super Quiz 1:00 Snack Shack 2:00 Bingo	7 9:30 Morning news 10:00 Winter Craft 1:00 In room visits 2:00 Movie in the sunroom	8
9 3:30 Sunday service with Mount Pleasant United Baptist Church Pastor Peter Culberson	10 9:30 Morning News 10:00 Sit and get fit 10:30 Target Shoot 2:00 Monday Man Cave	11 9:30 Morning news 10:00 Activity Club 10:30 Word Game 2:00 Winter Tea	12 9:30 Morning news 10:00 Sit and get fit 11:00 Pastoral visit with Rev. Wayne Heikkinen 2:00 Bowling	13 9:30 Morning news 10:00 Shake loose a taste 1:00 Snack Shack 2:00 Bingo	14 9:30 Morning news 10:00 Morning Spa 1:00 In room visits 2:00 Movie in the sunroom	15
16 3:30 Sunday service with Hartland Baptist Church Rev. Dan Austin	17 9:30 Morning News 10:00 Sit and get fit 10:30 Family Feud 2:00 Monday Man Cave <small>Martin Luther King Jr. Day</small>	18 9:30 Morning news 10:00 Activity Club 10:30 Bean Bag Toss 2:00 Resident's Choice	19 9:30 Morning news 10:00 Sit and get fit 11:00 Pastoral visit with Rev. David Wilcox 2:00 Bowling	20 9:30 Morning news 10:00 Virtual music concert with Don Oliver 1:00 Snack Shack 2:00 Bingo	21 9:30 Morning news 10:00 Snowball fight and hot chocolate 1:00 In room visits 2:00 Movie in the sunroom	22
23 3:30 Sunday service with Rev. Steve Urquhart <small>Activity Professionals Week</small>	24 9:30 Morning News 10:00 Sit and get fit 10:30 Board Games 2:00 Monday Man Cave	25 9:30 Morning news 10:00 Activity Club 10:30 Resident council 2:00 Shake Loose a memory	26 9:30 Morning news 10:00 Sit and get fit 11:00 Pastoral visit with Rev. Dan Austin 2:00 Bowling <small>Australia Day (observed)</small>	27 9:30 Morning news 10:00 Plinko 1:00 Snack Shack 2:00 Bingo	28 9:30 Morning news 10:00 Groundhog craft 1:00 In room visits 2:00 Movie in the sunroom	29
30 3:30 Sunday service with Hartland Wesleyan Church Rev. David Wilcox	31 9:30 Morning News 10:00 Sit and get fit 10:30 Snowman craft 2:00 Monday Man Cave					

Activities are subject to change.