



## **Programs and Services**

Central Carleton Nursing Home staff assist residents to achieve and maintain an optimal level of functioning through the promotion of self-care. Integral to this is our goal to provide a system that supports our resident's rights to self-determination and independence for as long as possible, and by utilizing all available resources to provide optimal lifestyles and appropriate levels of care. We provide high quality long term care to our 29 permanent residents as well as those who use our community relief bed for a short stay. Services we provide include:

### **Medical Services**

- Medical Advisor
- Rehabilitation Services
- Pharmacy
- Dental/Vision/Audiology Services

### **Resident Services**

- Nursing Service
- Foot Care
- Recreation Services
- Financial Services
- Nutrition and Food Services
- Housekeeping/laundry services
- Newspaper/Mail
- Telephone/Cable TV
- Smoke Free environment
- Pastoral Care
- Resident Council
- Transportation

For more information or to schedule a tour of the complex, please feel free to contact our Administration Office at:

Tel: (506) 375-3033

Fax: (506) 375-3035

Email: [ccnh@nb.aibn.com](mailto:ccnh@nb.aibn.com)